

## OHIO 4-H PARTICIPANT/MEMBER HEALTH HISTORY

This form must be completed for each participant by the parents/guardians of minors. This information will be kept confidential and used only for the welfare of the participant. PLEASE PRINT!!

### Participant Information

Date \_\_\_\_\_ County \_\_\_\_\_

Please Circle: Male Female Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name \_\_\_\_\_  
(Last) (First) (Middle)

Address \_\_\_\_\_  
(Street) (City) (State) (Zip)

Phone (home) \_\_\_\_\_ Guardian(s) Work Phone \_\_\_\_\_

Email Address: \_\_\_\_\_

### IN CASE OF EMERGENCY, CONTACT:

Parent Name \_\_\_\_\_ Physician's Name \_\_\_\_\_

Phone \_\_\_\_\_ Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Dentist's Name \_\_\_\_\_

Other Person \_\_\_\_\_ Phone \_\_\_\_\_

Phone \_\_\_\_\_ Insurance Provider \_\_\_\_\_

### INSTRUCTIONS FOR MEDICATIONS

- All prescription drugs MUST be carried in the container in which they were issued (with medical orders and physician's name intact), and given to the nurse/health director. Others will not be accepted.
- If you need over-the-counter medications not listed below, they must be in the original container and must be stored under lock and key by the nurse/health director or a responsible adult during the 4-H event.

### CHECK MEDICATIONS BELOW, THAT PARTICIPANT MAY RECEIVE IF DEEMED NECESSARY:

<input type="checkbox"/> non-aspirin pain medication	<input type="checkbox"/> Acetaminophen/Tylenol	<input type="checkbox"/> laxatives
<input type="checkbox"/> Dramamine	<input type="checkbox"/> antiseptics	<input type="checkbox"/> diarrhea medication
<input type="checkbox"/> Coriciden D	<input type="checkbox"/> Robitussin Cough Syrup	<input type="checkbox"/> adrenalin

### LIST APPROXIMATE DATE IF PARTICIPANT HAS HAD OR BEEN EXPOSED TO:

Chicken Pox \_\_\_\_\_ Tuberculosis \_\_\_\_\_ Measles \_\_\_\_\_ Mumps \_\_\_\_\_

Whooping Cough \_\_\_\_\_ Scarlet Fever \_\_\_\_\_ Tetanus Immunization \_\_\_\_\_

Date of last Booster \_\_\_\_\_ Date of last menstrual period \_\_\_\_\_

Operations or serious injuries requiring medical treatment (specify): \_\_\_\_\_

### Check below if participant is subject to:

<input type="checkbox"/> headaches	<input type="checkbox"/> fainting	<input type="checkbox"/> heart trouble	<input type="checkbox"/> frequent colds
<input type="checkbox"/> constipation	<input type="checkbox"/> convulsions	<input type="checkbox"/> frequent sore throats	<input type="checkbox"/> kidney trouble
<input type="checkbox"/> athlete's foot	<input type="checkbox"/> sinusitis	<input type="checkbox"/> bed wetting	<input type="checkbox"/> sleep walking
<input type="checkbox"/> ear infection	<input type="checkbox"/> epileptic seizures	<input type="checkbox"/> home sickness	<input type="checkbox"/> bronchitis
<input type="checkbox"/> cramps	<input type="checkbox"/> diarrhea	<input type="checkbox"/> asthma controlled - yes no	<input type="checkbox"/> other please specify

**Is the participant allergic to:**

Foods (specify) \_\_\_\_\_

Medication: Prescription or non-prescription drugs (specify) \_\_\_\_\_

Serious Ivy, Oak, or Sumac Poisoning \_\_\_\_\_

Bee or Insect Stings \_\_\_\_\_ Prescribed Treatment \_\_\_\_\_

Other \_\_\_\_\_

LIST ALL PRESENT MEDICAL AND ALLERGIC CONDITIONS (Contact Lenses, Braces, Diabetes, etc.) which require medication, treatment, or special restrictions or considerations in participation.

Conditions: \_\_\_\_\_

Medications: \_\_\_\_\_

**SPECIFY ANY RESTRICTIONS IN ACTIVITIES:** \_\_\_\_\_

**IMMUNIZATION RECORD**

Please record the date (month & year) of basic immunizations and most recent booster doses.

Vaccines	Year of Basic Immunization	Year of Last Booster
Diphtheria Pertussis (whooping cough) DPT* Tetanus or	1 2 3	1 2
Tetanus TD* Diphtheria or		
Tetanus		
Oral Polio (Sabin)* TOPV		
Injectable Polio (Salk)		
Measles (hard measles, red measles, Rubeola)		
Mumps		
Rubella (German measles, 3-day measles)		
Other		
Tuberculin test given (most recent)		
Hemophilus influenza b (HIB)		

**PARENT/GUARDIAN MEDICAL RELEASE**

\_\_\_\_\_ has my permission to participate in the Ohio 4-H program and activities (with the exception of those restricted activities listed). I understand participants will be supervised. I understand the 4-H staff and volunteers, Ohio State University Extension and The Ohio State University are not responsible in the event of accidental injury or illness, nor for the compounded injury or illness to the participant's present medical conditions listed. I further understand in case of serious injury or illness I will be notified. If I cannot be contacted, I give my permission to the attending physician to hospitalize, secure proper treatment, and to order injection, anesthesia, or surgery for the participant as named above. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. The 4-H event's nurse/health director has my permission to administer the prescription medications and/or over-the-counter medications.

Signature \_\_\_\_\_

Date \_\_\_\_\_

(Parent/Guardian)